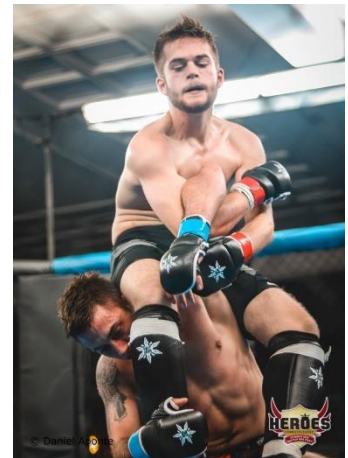
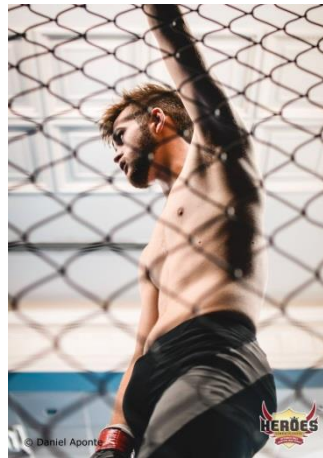




# Grizzly Gym Newsletter

## **Evan wins his amateur MMA debut!**

On June 17, Grizzly Gym superstar **Evan Stow** won his amateur MMA debut at the **Heroes Combat League** event **Summer Sizzler** in Ottawa! Evan won via the rarely-seen Omoplata submission at 2:20 in round 2, over a game opponent from UFC veteran **David Loiseau's** camp; huge congratulations!



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# 5th Annual Muay Thai seminar with Ajarn Eric Advincula is a success!



On June 24<sup>th</sup>, Mike's Muay Thai instructor of nearly 30 years – Ajarn **Eric Advincula** – returned to Grizzly Gym to teach his 5<sup>th</sup> intensive seminar. The nearly four-hour lesson focused on basics, and the many details that are necessary to perfect them.

As always, everyone learned a lot under Ajarn Eric's tutelage; thank you so much for your visit, Ajarn, and we look forward to seeing you again as soon as possible!

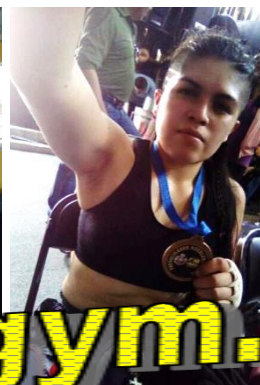
## Grizzly Gym inaugurates 23rd 'Den'

On June 9, Grizzly Gym inaugurated its 23rd official "Den" (fully-certified affiliate school), and the 5th in the USA; please welcome **MacKavi Martial Arts** of Griswold, Connecticut to our growing family! All Grizzly Gym Dens have received instruction directly from Mike, and the instructor has been certified by Mike to teach our methods.



## Grizzly news from around the world!

Below, from left to right: **Grizzly Gym Guatemala's Luis Ciriaiz** and **Grizzly Gym USA** members **Allen Chambers** and **Joe Nophut** exchange ideas at our Philadelphia Den, **Philly Self Defense**; **Mike Martelle** and **Dominique van der Byl** rep our sponsor, **Norsepower Supplements** – use discount code **MARTELLE** for 10% off; **Grizzly Gym Mexico** member **Stefany Hernandez** wins her 24<sup>th</sup> Muay Thai fight (and 6<sup>th</sup> as pro!); Mike runs into long-time Grizzly Gym friend, Egyptian and World Muay Thai champion **Khaled Konga**, at **Battle Arts Academy** in Mississauga!



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